

Evaluation of PP Counselling – 2015-2016

Pupil Evaluation

At the beginning of the first pupil counselling session, a 'life map' is introduced as a way of exploring each pupil's world, what impacts them and how it impacts them - from school, to home, friends and emotions. Each of these, are then given a score by pupils. This exercise is repeated when that particular pupil counselling, comes to a close. This highlights the personal growth and outlook of pupils from the start of their counselling sessions to the end. Not all PP pupils completed the life maps at the end but wished to reflect verbally and creatively, their personal growth. This is difficult therefore to quantify.

Sometimes pupils looked at their life map throughout the course of counselling and highlighted how things were changing as we went along.

Within the life maps, 0 = unbearable and 10 = really good

This year the scores below have been taken from a collection of example life maps that were completed at the start and the end.

| | School Life | Home Life | Social Life | Ability to cope with Emotions |
|--|--------------------|--|--------------------|--------------------------------------|
| Pupils showing a positive increase in personal growth & outlook | 100% | 100% | 100% | 100% |
| The average percentage increase/decrease in levels of score from start to finish | +30% | +55% | +10% | +70% |
| Percentage increase of scores that were at 0, at beginning of counselling | N/A | +70% (based on change in circumstances) | N/A | +55% |

In most cases with PP pupils, they have become more aware of the personal impact of their emotions, difficulties at home or socially, and how to cope with them. This has had a direct positive correlation with their ability to cope at school based on the life map data.

What anomalies could be in the percentages...

- Some pupils focussed on different aspects of school life, home and social which was different to other pupils.
- These are generalised percentages and so there will be pupil specific variations.

- Pupils' personal unforeseen circumstances change
- Where school life has seen a positive increase from the pupils' point of view, this may not correlate with staff feedback.
- Exams can have a significant impact on pupils presenting issues

Counselling Attendance

| | |
|---|---------------|
| Number of PP pupils started for counselling | 24 |
| Average number of sessions PP pupils are having | 8 plus |
| Amount of pupils who wished for counselling to continue longer term | 20 |

Pupil Quotes (taken previously)

'Counselling has really helped me with my perspective of things and it's really helped me through times of struggle #IloveClaire!' – Amy Houghton

'It has helped me open up to people and be a positive person' – Jenny Taylor

Please don't quote NAMES of quotes on website.

Teacher & Pastoral Feedback

Pastoral Team feedback on pupil premium counselling... (taken from previous year)

- We have found that the specific pupil premium counselling has complemented our pastoral care system really well. It has provided consultation and strategies of support to counteract problems such as self-harm, bereavement, low self-esteem and uncovering deeper issues that are going on within pupils. This has been key in a number of cases where the need for G.P referral and other professional bodies has been found essential. Our pupil premium counselling service also provides consultation, highlighting safeguarding concerns in general, and supports effective child protection procedures. Alike, the pastoral team it supports teachers' care of students and their management of those with emotional and behavioural difficulties. Furthermore, our counselling offers a provision for students who do not meet the borough service's thresholds.