

## Evaluation of PP Counselling – 2017-2018

### Pupil Evaluation

The Pupil evaluation clearly identifies a pupil's development during the counselling process. A pupil will fill the form out during the first counselling appointment and during their last appointment. Due to unforeseen circumstances the last form does not always get filled (permanent exclusion/sudden leave of school), these scores have therefore been left out of the percentages given below.

### Evaluation Statistics

Table 1 highlights the percentage increase/decrease that has been drawn from the evaluation forms. The closing form also has two extra questions, seen in the attached document. The results of these two extra questions can be seen in Table 2.

The amount of pupils showing a positive change individually and their overall sense of well-being, following counselling, was **100%**

TABLE 1

	<b>Average percentage change from start to finish</b>	<b>Highest change</b>	<b>Lowest change</b>
<b>Individually (Personal feelings and emotions)</b>	+35.7%	+60%	+20%
<b>School/School Life</b>	+26.4%	+60%	0 - stayed the same
<b>Socially in School (including groups &amp; clubs)</b>	+21.4%	+45%	0 - stayed the same
<b>Socially out of school (including groups &amp; clubs)</b>	+26.4%	+45%	+5%
<b>Home/Family/Carers</b>	+15.7%	+55%	0 - stayed the same
<b>Overall (General sense of well - being)</b>	+30%	+50%	+15%

TABLE 2

	Y (yes)	N (no)
Have you found Counselling helpful?	100%	N/A
Would you recommend the school counselling service to other pupils?	100%	N/A

There was also a space for 'Any comments' on the evaluation forms. Those that left comments or communicated their comments are highlighted below, in pupil quotes.

### **Pupil Quotes from 2017-2018**

*'My confidence has grown and I feel better prepared' (for life) – CBD*

*'I feel like I understand my emotions more and what they are about. It's helped me know what I need.'* – GKC

*'It's what I needed when I needed it.'* – NS

*'Thank you so much, it's been so helpful, I don't know what I would have done without it'- GC*

*'Thank you for letting me have that time, I don't know who I'd be today without it. Now with what you've helped me accomplish, I'll continue to speak out and be who I want to be. Words don't emphasise how grateful I am.'* - RT

*'I am thankful for everything you have done and will not forget it.'* - JR

A photocopy of a couple of the cards received from pupils have been attached, with names deleted.

### **Attendance Impact**

The counselling consultation form indicates a pupil's attendance from the start of counselling and attendance is taken again, at the end. Where this has been collated via the new consultation document, the average change in pupil attendance from the beginning of counselling to the end, showed an increase of **+4.425%**