

Evaluation of PP Counselling – Sept 2020- July 2021

Pupil Evaluation from

The Pupil evaluation clearly identifies a pupil's development during the counselling process. A pupil will fill the form out during the first counselling appointment and during their last appointment. Due to unforeseen circumstances the last form does not always get filled (permanent exclusion/sudden leave of school), these scores have therefore been left out of the percentages given below.

The evaluation demonstrates personal growth eg, a personal feelings score (0-10) starting at 'not ok' 2 and ending in an increased score of 7 will show a +50% growth, likewise 7 to 9 score shows a 20% growth. It isn't possible to then have +100% unless a pupil starts on 0 and ends on 10.

Following from the pandemic there have been added difficulties of lack of paper use and ending evaluations that were not completed, and verbal endings were done instead. These are not added within the figures below. It was noted by one particular pupil that the pandemic had a negative effect on their evaluation also. This may well have been the case for others and affected other scores.

Evaluation Statistics

Table 1&2 highlights the percentage increase/decrease that has been drawn from the evaluation forms. The closing form also has two extra questions, seen in the attached document. The results of these two extra questions can be seen in Table 3.

- The amount of pupils showing a **positive** change individually and their overall sense of well-being, following counselling, was 100 % of pupils
- The number of pupils seen for counselling during Sept 2020-July 2021 - 47
- Number completed both start and close questionnaires - 11 - others incomplete due to reasons above or continuing sept.
- Number for reviews completed July 2021 - 21 (not all due to isolation)

TABLE 1 - PP only

	Average percentage change from start to finish	Highest change	Lowest change
Individually (Personal feelings and emotions)	+37.5%	+50%	+30%
Overall (General sense of well - being)	+32.5%	+45%	+20%

TABLE 2 - Non PP only

	Average percentage change from start to finish	Highest change	Lowest change
Individually (Personal feelings and emotions)	+41.8%	+65%	+25%
Overall (General sense of well - being)	+40%	+65%	+10%

TABLE 3 - All

	Y (yes)	N (no)
Have you found Counselling helpful?	Y 100%	n/a
Would you recommend the school counselling service to other pupils?	Y 100%	n/a

There was also a space for 'Any comments' on the evaluation forms. Those that left comments or communicated their comments are highlighted below, in pupil quotes.

Pupil Quotes from 2020-2021

'Thank you so so much'

'My life has changed so much since I started, I was just so sad before and I feel so different now'

'I feel like I've come so far! I know how to handle my anxiety now and I know when to ask for help'

'This has made all the difference'

'Thank you for helping me through, you have helped so much and I am so thankful for everything you have done for me'