

# St Cuthbert Mayne School Curriculum Map



Department: PE

Key Stage 5

CTEC SPORT Year 12 Spring Term 1 & 2						
Topic/Unit	Unit 1: Body Systems & the Effects of Physical Activity (Externally Assessed Unit)		Unit 1: Body Systems & the Effects of Physical Activity (Externally Assessed Unit)		Unit 1: Body Systems & the Effects of Physical Activity (Externally Assessed Unit)	
Knowledge (Content covered)	LO1, LO2, LO3, LO4 & LO5	LO1: Understand the skeletal system in relation to exercise and physical activity	LO2: Understand the muscular system in relation to exercise and physical activity	LO3: Understand the cardiovascular system in relation to exercise and physical activity	LO4: Understand the respiratory system in relation to exercise and physical activity	LO1: Understand the different energy systems in relation to exercise and physical activity
Assessment Weighting		15-25%	15-25%	15-25%	15-25%	5-15%
Skills	Factual Knowledge & Understanding Interpretation of Data Application & Analysis	Factual Knowledge and Understanding Interpretation of Data Application & Analysis Case Studies	Factual Knowledge and Understanding Interpretation of Data Application & Analysis Case Studies	Factual Knowledge and Understanding Interpretation of Data Application & Analysis Case Studies	Factual Knowledge and Understanding Interpretation of Data Application & Analysis Case Studies	Factual Knowledge and Understanding Interpretation of Data Application & Analysis Case Studies

<b>Assessment</b>	Assessment of LO1, LO2, LO3 & LO4	Assessment Criteria & Feedback	Assessment Criteria & Feedback	Assessment Criteria & Feedback	Assessment Criteria & Feedback	Assessment Criteria & Feedback
<b>Gatsby 4 (Linking curriculum learning to careers)</b> <a href="#">GATSBY BENCHMA RK 4</a>	Sports Coach PE Teacher Sports Development Officer Fitness Instructor Leisure Centre Manager	Sports Coach PE Teacher Sports Development Officer Fitness Instructor Leisure Centre Manager	Sports Coach PE Teacher Sports Development Officer Fitness Instructor Leisure Centre Manager	Sports Coach PE Teacher Sports Development Officer Fitness Instructor Leisure Centre Manager	Sports Coach PE Teacher Sports Development Officer Fitness Instructor Leisure Centre Manager	Sports Psychologist Sports Coach PE Teacher Fitness Instructor * MARJONS Virtual Interactive Sports Events