

St Cuthbert Mayne School Curriculum Map 2023 - 2024



Department: Personal Development

The Personal Development curriculum invites all learners to explore the most important ideas, issues and legalities that will affect them during their lives. It provides learners with the knowledge, skills and understanding to prepare them to play a full, active and healthy part in the society they will inherit. It develops awareness and understanding of democracy, government and how laws are made and upheld, and their rights and responsibilities within this context. Citizenship equips learners with the skills and knowledge to explore political and social issues critically, weigh evidence, debate and make reasoned arguments. It prepares learners to take their place in society as responsible citizens, providing them with the skills to challenge stereotypes and prejudice and formulate their own, substantiated opinions. PSHE enables learners to acquire the knowledge, understanding and skills they need to manage their lives, forming healthy and positive relationships. It develops the qualities and attributes learners need to thrive as individuals, family members and members of society. It develops skills and attributes such as resilience, self-esteem, risk-management, team working and critical thinking. The Careers focus from Year 7 to 11 prepares all learners with the skills required to find employment, have aspiration and strive to achieve their very best.

Key Stage 3 Curriculum Summary

All learners at Key Stage 3 will have one lesson of Personal Development per fortnight. They will study four different topics each year, on a rotation, delivered by a selected member of staff. The focus of Personal Development is to engage all our learners in debate and discussion concerning the wider world, the issues that concern them and challenging prejudice and misunderstanding. The Key Stage 3 Curriculum is divided into three key themes; each reflects the changes in our learners on an annual basis, and their subsequent needs as they grow older.

Year 7: “ All about me and my world”

Topic/Unit	Puberty	Bullying	Building Resilient Learners	Careers		
Knowledge (Content covered)	Understanding my body. Understanding the changes that will take place to my body during puberty. Finding the correct vocabulary to discuss these changes. Developing the skills to form healthy and respectful relationships	What is bullying? What are the different types of bullying – are some worse than others? How do we deal with the issue of bullying in a positive and proactive way? Where can young people find help in dealing with bullying?	What are the situations that cause us stress /worry? How do we identify them? How do we respond in these situations? What strategies can we develop to overcome these issues now and for the rest of our lives?	Developing yourself through Careers, employability and enterprise education: Self Awareness		
Skills	Comprehension Empathy / Understanding. Emotive skills Discussion Team / Pair Work	Comprehension Debate Judgement Problem Solving Team Work Empathy /Understanding	Comprehension Empathy / Understanding. Emotive skills Discussion Team / Pair Work	Comprehension Debate Judgement Problem Solving Team Work		

		Emotive skills				
Assessment	Recall of Knowledge Comprehension	Recall of Knowledge Comprehension	Recall of skills / strategies.	Recall of Knowledge Comprehension		
Gatsby 4 (Linking curriculum learning to careers) GATSBY BENCHMARK 4	Counselling Health care Medicine	Social Work Counselling Working with children Policing	Skills for Life – being Resilient in the Workplace.	All Jobs		