

# ***St Cuthbert Mayne School Curriculum Map 2023-2024***



## **Department: Personal Development**

### **Year 9**

The Personal Development curriculum invites all learners to explore the most important ideas, issues and legalities that will affect them during their lives. It provides learners with the knowledge, skills and understanding to prepare them to play a full, active and healthy part in the society they will inherit. It develops awareness and understanding of democracy, government and how laws are made and upheld, and their rights and responsibilities within this context. Citizenship equips learners with the skills and knowledge to explore political and social issues critically, weigh evidence, debate and make reasoned arguments. It prepares learners to take their place in society as responsible citizens, providing them with the skills to challenge stereotypes and prejudice and formulate their own, substantiated opinions. PSHE enables learners to acquire the knowledge, understanding and skills they need to manage their lives, forming healthy and positive relationships. It develops the qualities and attributes learners need to thrive as individuals, family members and members of society. It develops skills and attributes such as resilience, self-esteem, risk-management, team working and critical thinking. The Careers focus from Year 7 to 11 prepares all learners with the skills required to find employment, have aspiration and strive to achieve their very best.

#### **Key Stage 3 Curriculum Summary**

All learners at Key Stage 3 will have one lesson of Personal Development per fortnight. They will study four different topics each year, on a rotation, delivered by a selected member of staff. The focus of Personal Development is to engage all our learners in debate and discussion

concerning the wider world, the issues that concern them and challenging prejudice and misunderstanding. The Key Stage 3 Curriculum is divided into three key themes; each reflects the changes in our learners on an annual basis, and their subsequent needs as they grow older.

**Year 9: “Getting older - understanding the changes to my life”.**

Topic/Unit	SRE	Mental Health	Substance Abuse	Careers	Local Issues	What are the 'British Values?'
<b>Knowledge (Content covered)</b>	Contraception STIs- understanding the risks and how to avoid them Positive relationships- consent and respect The laws Concerning sex- understanding the rights and responsibilities Teen pregnancy	Addressing Stereo types and misunderstandings Understanding the different forms of mental health with a focus on depression and anxiety Knowing the signs-how do we tackle the problems of mental health? Strategies for coping-where can young people find help?	Understanding the differing Forms of substance abuse: Smoking Drugs Alcohol Gambling	Developing your Career Management, Employability and Enterprise Skills:	What are the stereotypes of Torbay? What are the problems facing young people in the Bay? How do we develop solutions to these issues? Writing to our local MP	An investigation into recent case studies that highlight and emphasise the importance of British Values to our society and the on going issues and challenges in upholding these precious values.
<b>Skills</b>	Comprehension Debate Judgement Problem Solving Empathy/ Understanding Emotive skills	Comprehension Debate Judgement Problem Solving Empathy/ Understanding Emotive skills	Comprehension Debate Judgement Problem Solving Empathy/ Understanding Emotive skills	Comprehension Debate Judgement Problem Solving Empathy/ Understanding Emotive skills	Comprehension Debate Judgement Problem Solving Team Work	Comprehension Debate Judgement Problem Solving Team Work Emotive skills Developing

	Developing opinions Challenging misconceptions Evaluating risks Understanding the law and its impact.	Developing opinions Challenging misconceptions Evaluating risks Understanding where to look for help - being proactive	Developing opinions Challenging misconceptions Evaluating risks Understanding where to look for help - being proactive	Developing opinions Challenging misconceptions Evaluating risks Understanding where to look for help - being proactive		opinions Challenging misconceptions Evaluating risks Understanding where to look for help - being proactive
<b>Assessment</b>	Recall of Knowledge Comprehension	Recall of Knowledge Comprehension	Recall of Knowledge Comprehension	Recall of Knowledge Comprehension	Recall of Knowledge Comprehension	Recall of Knowledge Comprehension
<b>Gatsby 4 (Linking curriculum learning to careers)</b> <a href="#">GATSBY BENCHMARK K4</a>	Health Services Medicine Counselling Social Work Policing	Health Services Medicine Counselling Social Work	Health Services Medicine Counselling Social Work Policing	All Jobs	Politics Planning and Strategy	Politics Planning and Strategy Public Sector / Services

Topic/Unit	Legal and Political Rights	Finance Module
<b>Knowledge (Content covered)</b>	<p>What are the 'precious rights' that all British citizens are supposed to enjoy? How easy is it to access them?</p> <p>Understanding the importance of the 'Rule of Law' and how the legal system protects me.</p> <p>Understanding how the justice system works in the UK, including the role of the police and the courts.</p>	<p>What are the functions and uses of money? Why is it important to understand budgeting? What are some of the risks young people face with money?</p>
<b>Skills</b>	<p>Comprehension Debate Judgement Problem Solving Empathy/ Understanding Emotive skills Developing opinions Challenging misconceptions Evaluating risks Understanding the law and its impact.</p>	<p>Comprehension Debate Judgement Problem Solving Empathy/ Understanding Emotive skills Developing opinions Challenging misconceptions Evaluating risks Understanding where to look for help - being proactive</p>

<b>Assessment</b>	Recall of Knowledge Comprehension	Recall of Knowledge Comprehension
<b>Gatsby 4 (Linking curriculum learning to careers)</b> <a href="#">GATSBY BENCHMARK K 4</a>	Health Services Medicine Counselling Social Work Policing The Legal profession	Health Services Medicine Counselling Social Work